

# STOP THE SPREAD

**STAY STRONG**

## WHAT IS ISOLATION? WHAT IS QUARANTINE?



Isolation is required when a person has been diagnosed with coronavirus (COVID-19), is suspected of having the disease, or is waiting for coronavirus test results.

Quarantine is required when a person is not sick but has to stay away from people due to a risk of exposure to the disease e.g. recent overseas or interstate travel, or close contact with a confirmed case.

If you have quarantined because of travel outside of South Australia, once you have completed 14 days you no longer need to quarantine. You do not need to get a medical clearance certificate to return to work, school or childcare. You may need to quarantine before entering certain Designated Area Aboriginal communities.

If you had no exposure risks, but had symptoms of coronavirus, your isolation period will last until either:

- your test results come back negative, or
- if your test results come back positive, you will need to isolate for 14 days.

Individual circumstances may vary; follow specific advice provided by your healthcare provider and or SA Health Communicable Disease Control Branch. For individualised information and advice on quarantine / isolation contact the SA COVID-19 Information Line (1800 253 787).



**DISTANCE  
APART**



**STAY IN  
ONE PLACE**

### **FURTHER INFORMATION**

**SA Government COVID-19 website**  
[www.covid-19.sa.gov.au](http://www.covid-19.sa.gov.au)

**AHCSA COVID-19 website**  
[www.ahcsa.org.au](http://www.ahcsa.org.au)



Government  
of South Australia



**Aboriginal Health Council**  
of South Australia Ltd.

*our health, our choice, our way*