

STOP THE SPREAD

STAY STRONG

**PROTECT
OUR ELDERS,
PROTECT OUR
CULTURE**



**OUR ELDERS ARE AMONGST
THE MOST VULNERABLE TO
CORONAVIRUS (COVID-19)
ALONG WITH:**

- People with weaker immune systems due to pre-existing medical conditions such as asthma, diabetes, heart disease
- People who are already feeling sick or have the flu

**OUR ELDERS ARE LIVING
TREASURES, GUIDING US
AND HELPING TO KEEP
OUR CULTURES STRONG.
THEY'VE DONE SO MUCH
FOR US, LET'S GO THE
EXTRA YARDS TO KEEP
THEM SAFE.**

- Keep your physical distance but not emotionally, reach out in other ways to show you care.
- Let's keep connected and look out for our Elders during this difficult time.



SHOW YOU CARE

FURTHER INFORMATION

SA Government COVID-19 website
www.covid-19.sa.gov.au

AHCSA COVID-19 website
www.ahcsa.org.au



Government
of South Australia



Aboriginal Health Council
of South Australia Ltd.

our health, our choice, our way